## TILAK MAHARSHTRA VIDYAPEETH

## JAYANTRAO TILAK COLLEGE OF PHYSIOTHERAPY

Name of the Event: International Breast Feeding Week

**Date and duration of the Event:** 4/08/2022.10 a.m to 1.00 p.m (3 hours)

Location of the Event: Anganwadi at Dhayari & Vadgaon Budruk

College: TMV's Jayantrao Tilak College Of Physiotherapy, |Pune

## Name of the Faculty members Present for the event:

• Dr.Rima Musale (Professor)

- Dr. Vaibhavi Khatavkar (Assistant Professor)
- Dr. Priyamwada Hinge (Assistant Professor)
- Dr. Manali Kulkarni (Assistant Professor)
- Dr. Shikha Paasi (Assistant Professor)
- Dr. Pratiksha Kulkarni (Assistant Professor)

## Name of the Delegates Present for the event:

- Mr. Vikas Tele (Child Development Project Officer, kothrud Urban Project)
- Mrs. Manjusha Ahirrao (Supervisor )
- Mr.Bhavalkar (President of Rorary Club mid East)
- Mr. Oswal (Secretary of Roatary Club mid east)
- Dr. Kench (Member of Roatary Club mid east)
- Mr.Soman (Member of Roatary Club mid east)
- Mrs. S Deshpande (Member of Roatary Club mid east)
- Mrs. Khopade(Anganwadi Sevika)
- Mrs. Mangal Shinde(Anganwadisevika)

On 4<sup>th</sup> August 2022, A lecture was organized on topic "Role Of Physiotherapy in successful Breast feeding" by TMV's Indutai Tilak College Of Physiotherapy. In this programme, distribution of Dietary supplements (Shatavari Kapla) was carried out by Rotary Club Of Pune Mid East from 10 am -1.00 p.m at anganwadi situated at Dhayari

and Vadgaon Bu. Recipients of this activity were Breast feeding mothers of children's aged between 0-2 yrs, from anganwadis at Dhayari and Vadgaon Bu. The faculty of physiotherapy guided these receipients by explaining them ideal breast feeding positions, advantages of breast feeding, post-partum discomforts etc. A total of 56 recipients were present for the lecture. A questionnaire consisting of knowledge and attitude towards breast feeding was distributed and response was documented.

The officials expressed gratitude to the concerned CBR staff in the form of floral appreciation. Overall, the lecture was organized very well by the staff members of the college, Rotarians, Anganwadi staff members and the concerned officials of the 'Bal vikas Prakalp". It was well received and appreciated by the receipients.













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